

# Resource Family Training **WEBINAR** for Foster, Kinship, and Adoptive Families

Thursday,  
November 21, 2019  
12:00 p.m. - 1:00 p.m.

## The Connection of Trauma and Attachment in a Baby's Brain

The first years of development are an amazing time in which a baby's brain is growing quicker than any other time in life. Traumatic events can have a large impact on this growth, making it difficult to care for a baby affected by trauma. Join us to learn how a baby's brain grows and is changed in traumatic environments, as well as how trauma affects the whole body. Dr. Tessa Chesher will discuss how attachment is affected by trauma and how powerful responsive relationships are to a baby healing from trauma.

**REGISTER  
FREE**

### Presenter

**Dr. Tessa Chesher** is an associate clinical professor at Oklahoma State University Center for Health Sciences in the Department of Psychiatry and Behavioral Sciences. She is dually board-certified in general psychiatry and child and adolescent psychiatry. She received her general psychiatric training at The University of Oklahoma School of Community Medicine, where she also completed a Harris Fellowship in Infant and Early Childhood Psychiatry. Dr. Chesher's professional interests include infant and early childhood mental health, early childhood trauma, and pediatric consultation-liaison psychiatry. She also focuses on increasing infant mental health knowledge in the medical and mental health communities through education and consultation across Oklahoma.



### Webinar Host

Please contact Kristal Nicholson, your webinar host, if you have any questions.

**(918) 660-3776**  
**knicholson@ou.edu**

### Save the Date!

Mark your calendar for upcoming webinars!

- **December 12, 2019**  
What Resource Parents Need to Know About Foster Care and Adoption Policy
- **December 19, 2019**  
Working Toward Trauma-Informed Responses: Understanding the Importance of Early Childhood Experiences and Attachment
- **January 30, 2020**  
Psychiatric Medications in Youth: What Caregivers and Youth Should Know

### Training Credit

Parents in attendance will earn 1 hour of in-service training credit toward their annual 12-hour requirement.



Sponsored by Oklahoma Department of Human Services and coordinated by The University of Oklahoma OUTREACH National Resource Center for Youth Services