"The Connect"

Presentation Highlights

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About SKIL & Pivot, Inc.

Meet the Team

Norman Markland,
Independent Living
Services Director

Jose Valencia,
Education Coordinator

Lyndsie Stremlow,
Youth Engagement Specialist II
-Education Coordinator

Karen Martinez
Youth Engagement Specialist-
Independent Living

Ice Breaker

Your Younger Self

What would you tell your 18-year-old younger self?

What would you tell him/her/them about relationships?
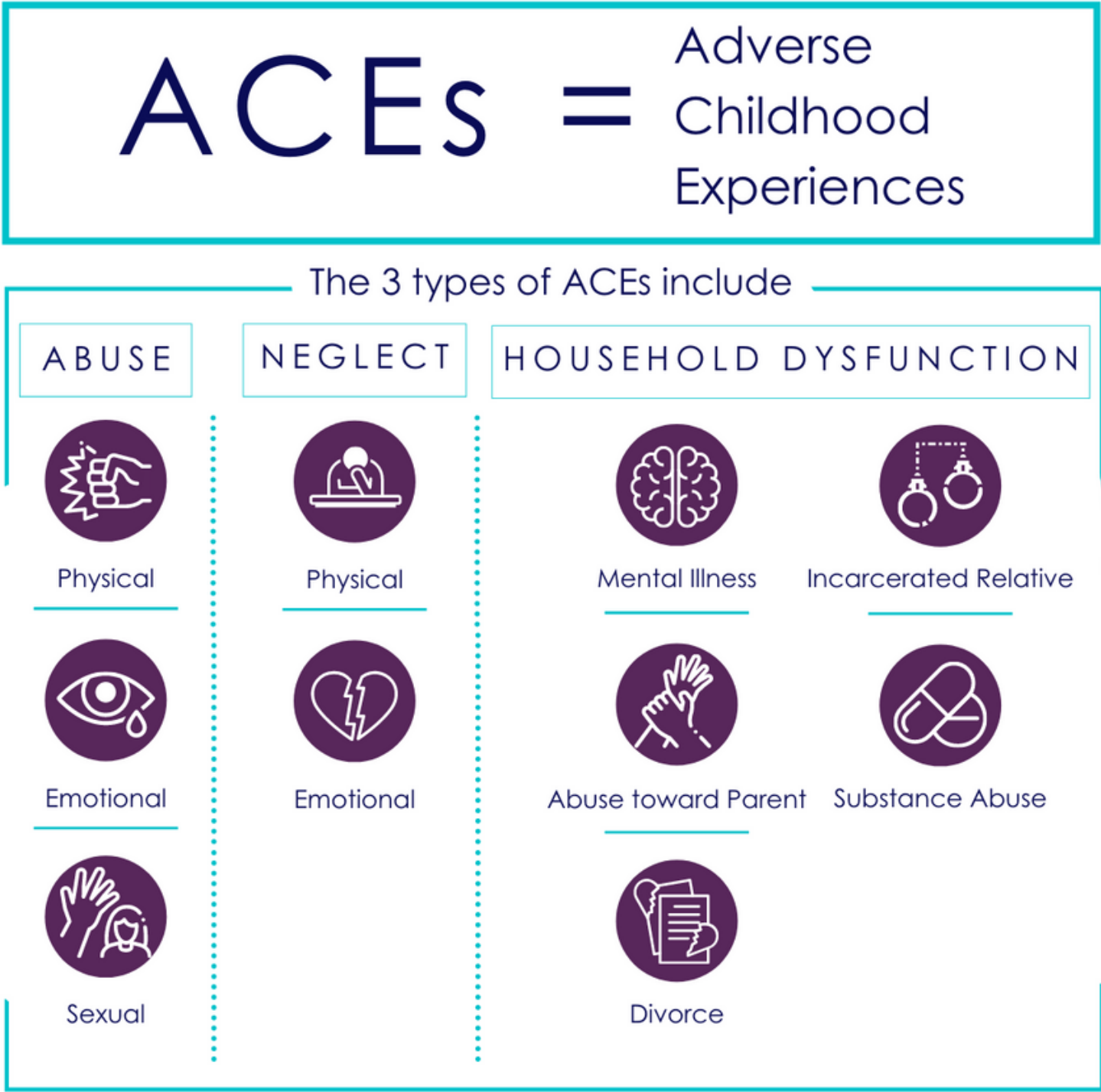
What career advice would you give them?

What would you tell them about life?
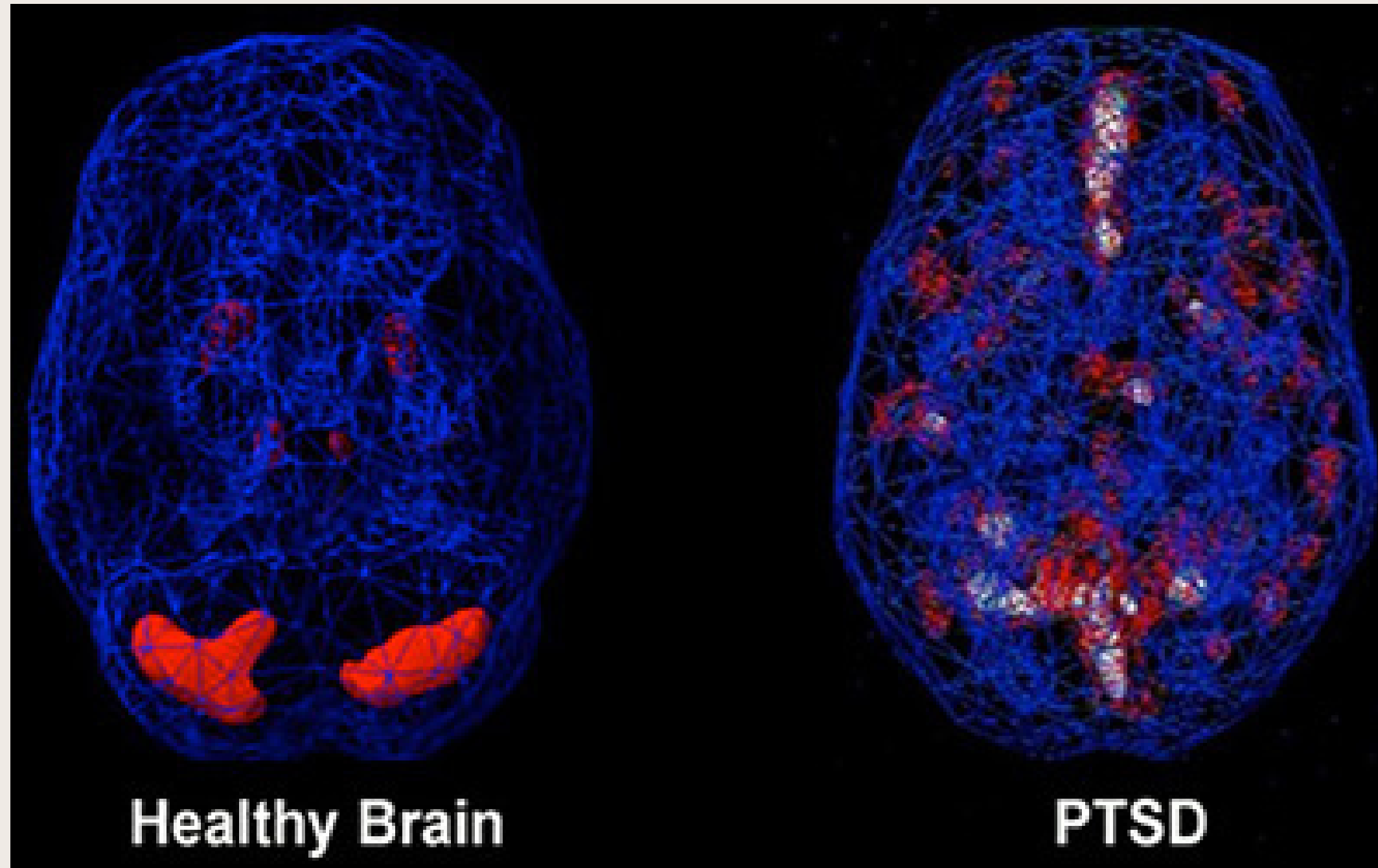
Why Community Matters

By Norman Markland, LPC
he/him/his

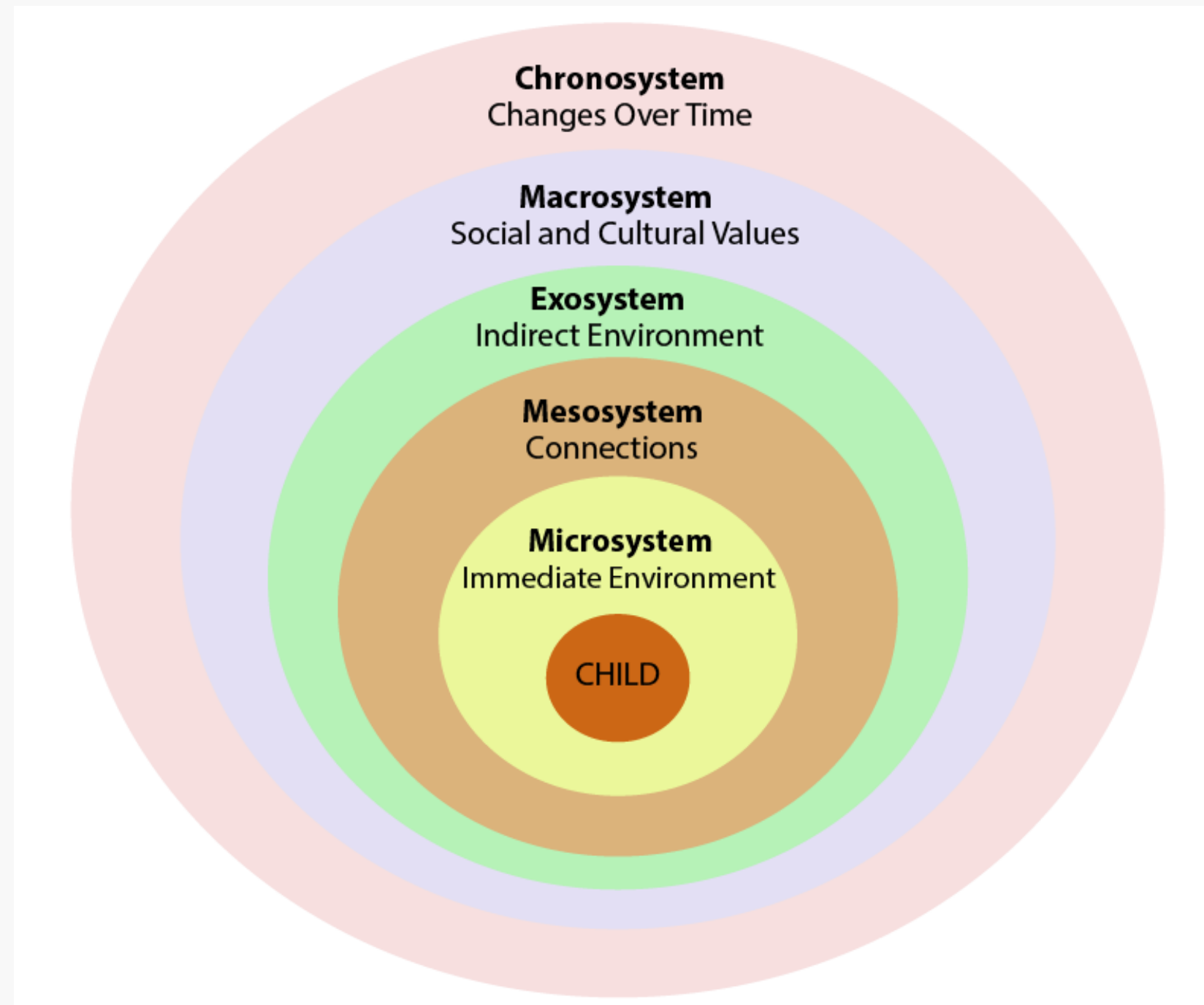# ACE = Adverse Childhood Experiences

Why is it important?

Can you spot the differences?

Healthy Brain   PTSD

System's Theory to Trauma

Bronfenbrenner's Ecological Systems Theory

Community Engagement

By Jose Valencia, B.A., CM I
he/him/his

Overview

Assessments

- Trauma resposnive services (TRS) based on Maslow's hierachy of needs
- Universal Screening

Housing/ Basic Needs

- Safe and stable housing

Education

- GED and post-secondary options

Wellbeing

- Life skills readiness

Permanenct Connections

- Forming positive, healthy relationships

Employment

- Financial responsibility

Referral Process

"It is vital to develop a positive relationship with the school staff, but especially with the young adults we work with." -Jose Valencia

Pivot believes regardless of where a child is from or the barriers they face, they are worthy of having success in education, finding a job and planning for a career in the field they choose. At
Pivot part of each young person's experience includes the opportunity to graduate from high school, further their education, gain vital life skills and achieve job readiness.

My Personal Story

"Si lo puedes soñar, lo puedes lograr."

"If you can dream it, you can achieve it."

Self-Disclosure & Staff Diversity

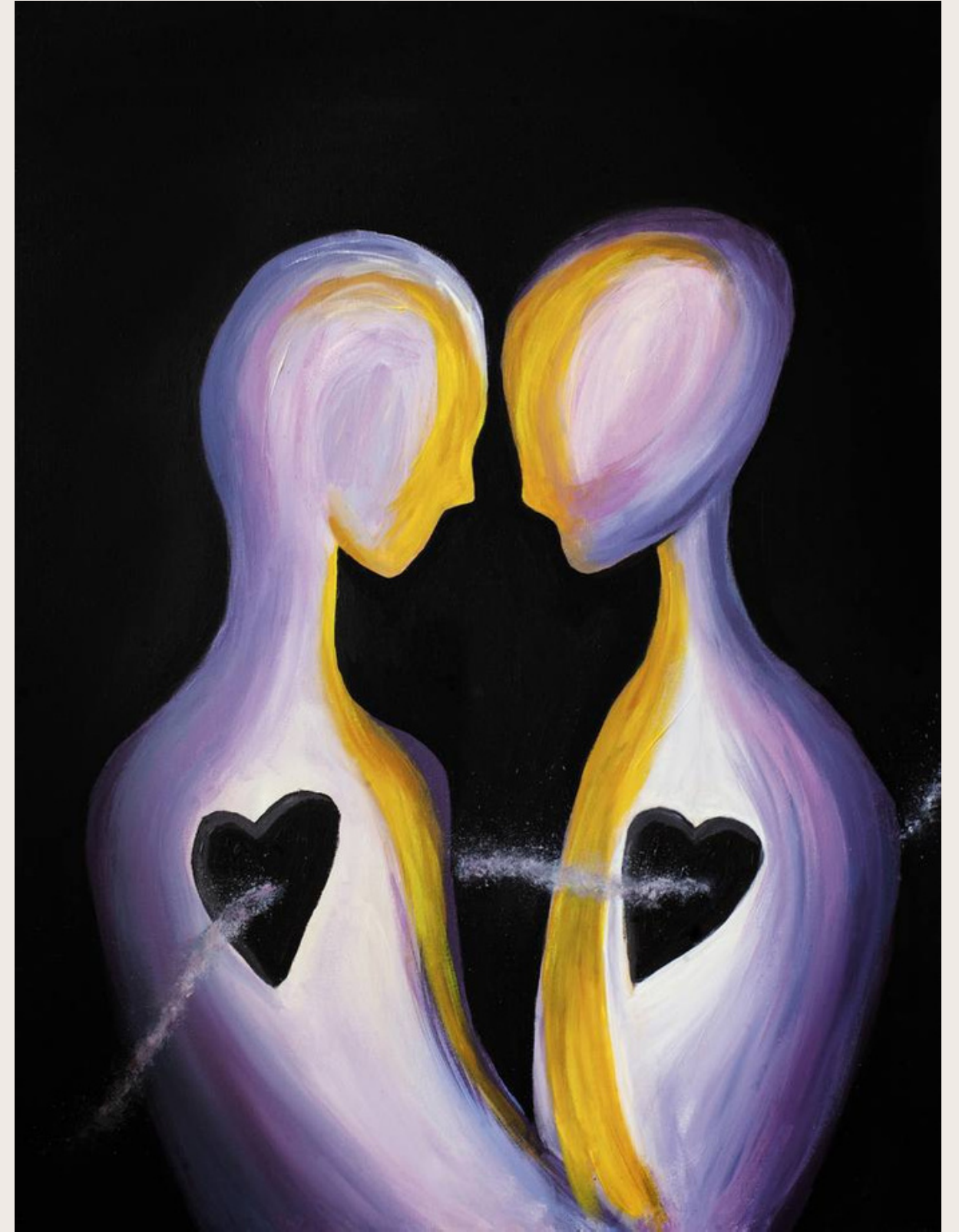By Lyndsie A. Stremlow, B.A., C.M. II
she/her/hers

What they taught me in school

Self-Disclosure:

Make the self known to others, letting others know what you think, feel, and want.

When is it okay to use self-disclosure with clients?

Breakdown of ethical principles and boundary violations

Table 1	Ethical principles and boundary violations[15]
Ethical principle	**Related boundary violation**
Respect for the dignity of the patient	Taking advantage of the patient
Respect for patient's healthy goals	Aiming for one's own goals
Autonomy	Undue influence, coercion
Self-determination	Fostering dependency
Fiduciary relationship	Exploitative relationship
Neutrality	Personal investment
Abstinence	Intrusion
Altruism	Use patient for own gratification
Beneficence	Not acting in patient's interests
Nonmaleficence	Doing harm to patient
Compassion	Exploiting patient's vulnerabilities

DIVERSITY, EQUITY AND INCLUSION

What is it?

Why is it important at agencies who assist underserved populations?

My story

"Coming out" as autistic at work

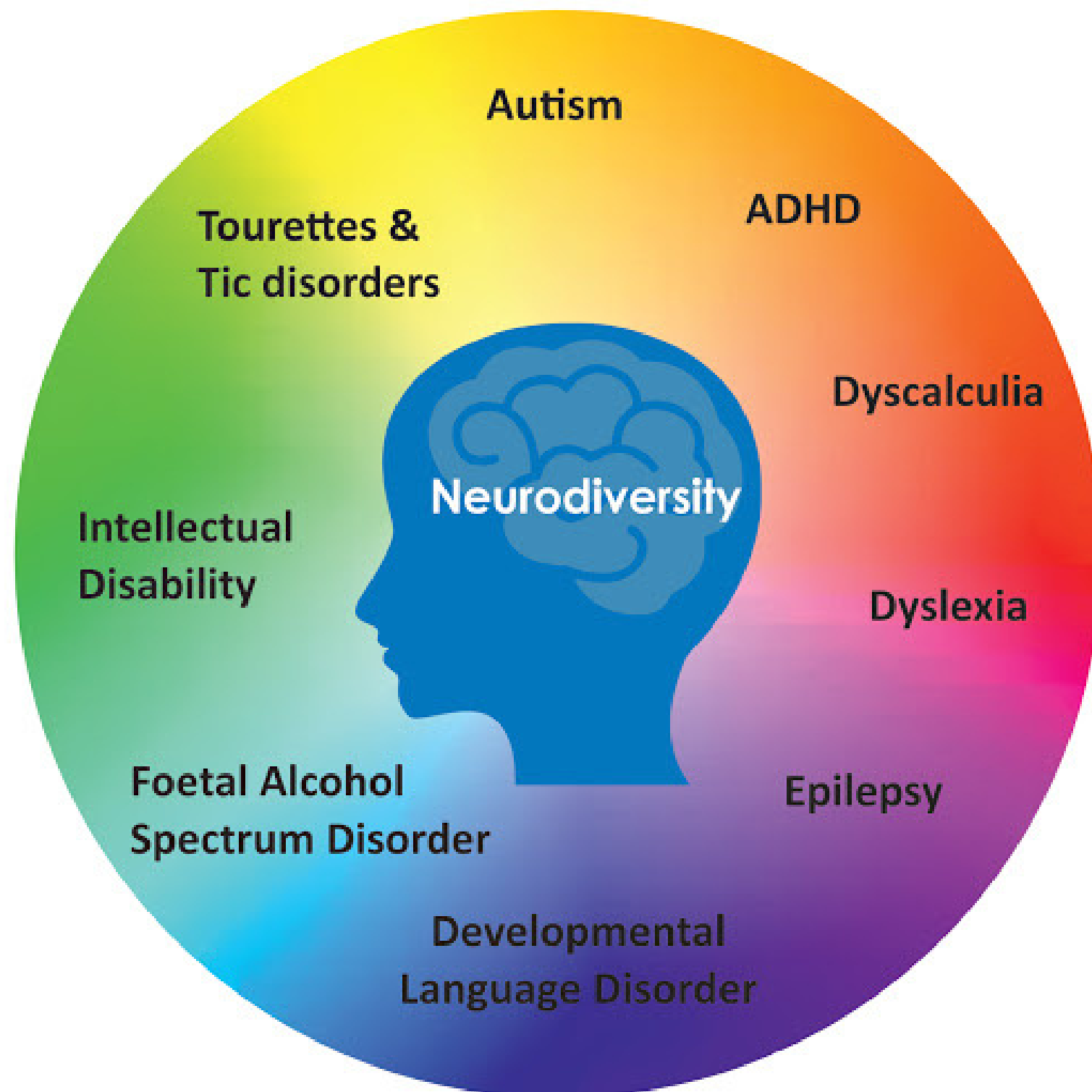What I thought it would feel like

What it actually felt like

Neurodiversity-
The unseen, untapped superpowers right under our nose.
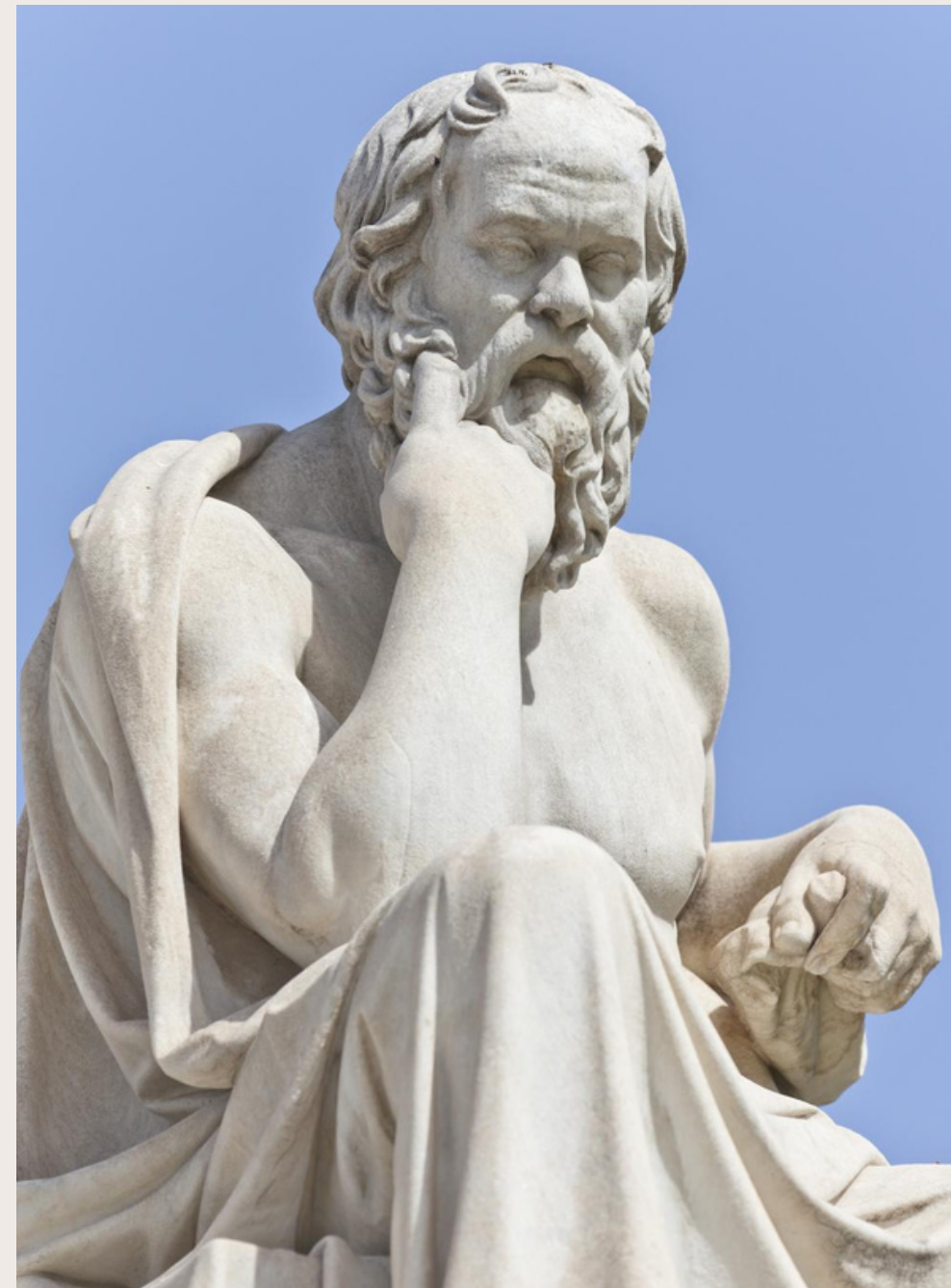

Autism: the positives

Understanding, embracing and celebrating different ways of thinking and doing can release the true power of the autistic mind. Here we look at the positive features of autism.

Attention to detail
- Thoroughness
- Accuracy

Methodical approach
- Analytical
- Spotting patterns, repetition

Deep focus
- Concentration
- Freedom from distraction

Novel approaches
- Unique thought processes
- Innovative solutions

Observational skills
- Listen, look, learn approach
- Fact finding

Creativity
- Distinctive imagination
- Expression of ideas

Absorb and retain facts
- Excellent long term memory
- Superior recall

Tenacity and resilience
- Determination
- Challenge opinions

Visual skills
- Visual learning and recall
- Detail-focussed

Accepting of difference
- Less likely to judge others
- May question norms

Expertise
- In-depth knowledge
- High level of skills

Integrity
- Honesty, loyalty
- Commitment

Remember

Every experience of autism is **unique**. No one person will identify with every positive feature of autism. We all have **individual** skills, attributes and characteristics that are as unique as our personalities—this is the **power of neurodiversity**.

Mentoring others while walking the path to wholeness.

Be as you wish to seem.
-Socrates

Takeaway

"What works best is anything that increases the quality and number of relationships in a child's life.
People, not programs, change people."
- Dr. Bruce Perry

Events & Programs

By Karen Martinez, B.A., C.M. I
she/her/hers

Service Plans

Goals

- Assessments

- Buidling towards youth's goals

- Preparing them for their future

Engagement

Groups

- Formal groups

- Informal groups

- Direct effects

Healthy Relationship Skills

Permanent Connections

- Boundaries and consent

- Building community

- Positive vs negative influences

- Mentorship

- Self Awareness

INDEPENDENT LIVING

LOGIC MODEL

INPUTS

OUTPUTS

OUTCOMES

- **Staff**
- **Trainings**
- **Preparing Adolescents for Young Adulthood (PAYA) Curriculum**
- **Assessments**
  - Universal Screening
  - ACE
  - PACE
  - Ansel Casey
  - TAY-VI-SPDAT

Wellbeing
- Hygiene
- Coping Skills
- Self-Regulation
- Communication Skills
- Boundaries/ Consent
- Sexual Health

Employment
- Resume Building
- Interview Skills
- Proper Interview Attire
- Job Stability
- Banking & Financial Services
- Credit Cards
- Credit Scores
- Navigation of Bus System

Permanent Connections
- Healthy Relationships
- Conflict Resolution
- Mentoring
- Community

Housing
- How to Find Housing
- Money Management (Budgeting)
- Meal Planning
- Home Management (Housekeeping)
- Community Resources (and how to find them)

Education
- Learn Study Skills
- College Prep Skills
- Graduate High School
- Trade School/ College/Military Services

Short Term Results
- Complete two independent living goals
- Develop conflict resolution skills
- Find employment
- Develop proper hygiene skills

Medium Term Results
- Establish two permanent connections
- Become familiar with potential housing opportunities
- Know how to budget income

Long Term Results
- Self- Sufficiency
- Achieve Housing
- Financial Stability
- Community Resource Awareness
- Knowledgeable of bus system

Contact Us:

Norman Markland

norman.markland@pivotok.org

Jose Valencia

jose.valencia@pivotok.org

Lyndsie Stremlow

lyndise.stremlow@pivotok.org

Karen Martinez

karen.martinez@pivotok.org