

# APPLYING FOR DEVELOPMENTAL DISABILITIES SERVICES (DDS)



## WHEN SHOULD I CONSIDER APPLYING FOR DDS FOR A YOUTH ON MY CASELOAD?

- Do they have an IEP with a diagnosis of Intellectual Disability (ID) or Intelligence Quotient (IQ) score of 75 +/-?
- Do their medical records show a referral for diagnosis or recommend requesting a psychological evaluation?
- Do they have a psychological evaluation that includes a diagnosis of Intellectual & Developmental Disability (IDD) with an IQ of 70 or less?

## WHAT IS NEEDED TO APPLY FOR DDS?

- Psychological evaluation completed within the last 2 years;
- Application for services (DDS-1);
- Birth certificate;
- Social security card;
- Physical signed by physician within the last 12 months.



### **Pro Tip:**

Must apply for social security benefits (SSDI and/or SSI) separately.

## KEY COMPONENTS FOR PSYCHOLOGICAL EVALUATION:

- Psychological evaluation needs to be signed by a psychiatrist.
- Full scale, functional and/or adaptive assessment.
- Diagnosis of intellectual disability (not borderline).
- Statement of age at onset of disability.
- Dated within the last two years.
- Intelligence testing that yields a full-scale IQ.

