



TEEN CONFERENCE PACKING LIST

CONFERENCE ESSENTIALS

- PERSONAL TOILETRIES (TOOTHBRUSH, TOOTHPASTE, DEODORANT, SOAP, BODYWASH, ETC.)
- HAIRCARE NEEDS (SHAMPOO, CONDITIONER, BRUSH, COMB, ETC.)
- FEMININE HYGIENE PRODUCTS
- PRESCRIPTION MEDICATIONS AND MEDICAL CONTACTS
- SUNSCREEN
- EXTRA BLANKET AND PILLOW (A PILLOW, SHEET SET, AND BLANKET WILL BE PROVIDED, BUT THE DORMS CAN BE CHILLY)
- TOWEL (A BATH TOWEL, A HAND TOWEL, AND A WASHCLOTH WILL BE PROVIDED, BUT MANY PEOPLE LIKE TO BRING AN EXTRA TOWEL)

CONFERENCE WEAR

- WARM WEATHER CLOTHING (PACK AT LEAST 3 OUTFITS, BUT IT'S HOT! SO BRING A FEW EXTRA CHANGES OF CLOTHING JUST IN CASE)
- COMFORTABLE FOOTWEAR (DON'T FORGET SOCKS!)
- SUNGLASSES AND/OR A HAT
- SWIMWEAR (THE POOL WILL BE OPEN ON DAY 2, AND WE PROVIDE 1 SWIM TOWEL.)
- A LIGHT JACKET/SWEATER (IT GETS CHILLY IN THE AIR CONDITIONING FOR SOME)
- SLEEPWEAR

CONFERENCE MISCELLANY

- PHONE (IT'S NOT ESSENTIAL BUT LOTS OF PEOPLE LIKE TO HAVE THEM.)
- PHONE CHARGER
- HEADPHONES/EAR BUDS
- EXTRA SOCKS
- SHOWER SHOES/FLIP FLOPS TO WEAR AROUND THE DORMS
- FAN (THE DORM HAS AIR CONDITIONING, BUT SOME PEOPLE LIKE MORE AIR FLOW.)
- PHOTO ID (IF YOU WANT TO SET UP A FREE SAVINGS ACCOUNT.)

NOTE: TWO PARTICIPANTS SHARE A ROOM, AND YOU WILL ALSO BE SHARING A BATHROOM WITH UP TO THREE OTHER PEOPLE.