

TEEN CONFERENCE

PACKING LIST

CONFERENCE ESSENTIALS

- **Personal Toiletries (toothbrush, toothpaste, deodorant, soap, bodywash, etc.)**
- **Haircare needs (shampoo, conditioner, brush, comb, etc.)**
- **Feminine Hygiene products**
- **Prescription Medications and Medical Contacts**
- **Sunscreen**
- **Extra Blanket and Pillow (a pillow, sheet set, and blanket will be provided, but the dorms can be chilly)**
- **Towel (a bath towel, a hand towel, and a washcloth will be provided, but many people like to bring an extra towel)**

CONFERENCE WEAR

- **Warm Weather Clothing (Pack at least 3 outfits, but it's hot! So bring a few extra changes of clothing just in case)**
- **Comfortable footwear (Don't forget socks!)**
- **Sunglasses and/or a hat**
- **Swimwear (The pool will be open on Day 1, and we provide 1 swim towel.)**
- **A light jacket/sweater (It gets chilly in the air conditioning for some)**
- **Sleepwear**

CONFERENCE MISCELLANY

- **Phone (It's not essential but lots of people like to have them.)**
- **Phone charger**
- **Headphones/Ear buds**
- **Extra socks**
- **Shower Shoes/flip flops to wear around the dorms**
- **Fan (The dorm has air conditioning, but some people like more air flow.)**
- **Photo ID (If you want to set up a free savings account.)**

NOTE: TWO PARTICIPANTS SHARE A ROOM, AND YOU WILL ALSO BE SHARING A BATHROOM WITH UP TO THREE OTHER PEOPLE.