

GOT LIFE PLANS? LET'S TALK NEXT STEPS!

NOT HAVING ALL THE
ANSWERS RIGHT NOW
IS TOTALLY NORMAL!

THIS IS A JOURNEY, AND
IT STARTS WITH **ASKING
QUESTIONS, EXPLORING
POSSIBILITIES, AND
DREAMING BIG.** START
BY TALKING THROUGH
THE QUESTIONS HERE
WITH THE PEOPLE YOU
TRUST, THEN BRING
YOUR IDEAS AND GOALS
TO YOUR PLANNING
SESSIONS.

ESSENTIAL DOCUMENTS



- Do you know your **social security number**?
- Do you have a **state-issued ID** or driver's license?
- Do you have a **safe place** to secure your essential documents?

EDUCATION

- Will you finish **high school** or obtain a **GED** before turning 18?
- Do you know about **financial aid** available to help pay for certification programs, vo-tech, or college after high school?



HOUSING



- What **housing options** are you aware of after the age of 18?
- Where do you **envision yourself living** at 18? *(Think about the location, the type of housing, possible roommates.)*
- What questions do you have about **voluntary care**?

**TOGETHER, WE'LL HELP YOU FIGURE
IT OUT ONE STEP AT A TIME.**

Oklahoma Successful Adulthood Program

GOT LIFE PLANS? MORE NEXT STEPS!

EMPLOYMENT AND INCOME



- Do you know how to **manage** your income and bills?
- What is your **dream job**?
- What sources of **income** will you have at 18? (*Some examples are social security income, tribal income, money from a job, etc.*)

DAILY LIVING

- How will you get where you need to go (**transportation**)?
- Do you know how to cook, clean, and complete other **daily living** tasks?



HEALTH



- Do you have any **health concerns** to address prior to turning 18?
- Do you know how to select an **insurance** plan or who to contact if you have problems with your plan?
- Do you know what a **health proxy** is?

TRIBAL, CULTURAL, COMMUNITY

- Are you a member of a **tribe**? If so, do you know how to contact them for assistance?
- What other **cultural** or **spiritual connections** are important to you?
- Do you know how to connect with **supports** in your **community**?



SUPPORTIVE CONNECTIONS



- Who would you call if you needed **advice**?
- Do you have at least **three people** (*not including your workers*) you can call if you have an **emergency**?



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(800) 397-2945



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